



## Life Education

Monday 19 October 2020 to Friday 30 October 2020

Below is a brief outline of the Life Education programs that students will participate in, each class attends one session:

|   |   |
|---|---|
| <b>My Body Matters</b><br>Focus on hygiene, nutrition, physical activity and safety at home, school & in the community. | <b>Kindergarten</b><br>19/10 to 23/10 – KO, KP, KKC, KV & KR<br>26/10 to 30/10 – KC & KPV                           |
| <b>Safety Rules</b><br>Students find out how to seek out safe spaces and how friends can care and support each other.   | <b>Stage 1</b><br>19/10 to 23/10 – 2/1K, 2/1M, 2/1I, 2/1AK & 2/1J<br>26/10 to 30/10 – 2/1D, 2/1A, 2/1H, 2/1P & 2/1B |
| <b>BCyberwise</b><br>Helping students to be wise when it comes to relationships – both off and online                   | <b>Stage 2</b><br>19/10 to 23/10 – 4/3T & 4/3S<br>26/10 to 30/10 – 4/3C, 4/3J & 4/3B                                |
| <b>Relate, Respect, Connect</b><br>Learn the skills and strategies required to build healthy relationships              | <b>Stage 3</b><br>19/10 to 23/10 – 6/5S & 6/5H<br>30/10 – 6/5A  |

The program is an integral part of the schoolwide Personal Development Health and Physical Education (PDHPE) program. Life Education are an approved COVID-19 safe facilitator of the NSW Department of Education and follow strict COVID-19 Safety Plan guidelines.

\*This activity has the approval of the principal

All students are expected to attend, **the cost is \$10 per student**. Please complete the permission note below and return with payment (as indicated) to **school by Friday 16 October 2020**.

Kind regards,

Andrew Maffey  
Organiser  
13 October 2020

Luke Hogan  
Relieving Principal

### Life Education 19 October to 30 October 2020

I give permission for my child \_\_\_\_\_ of class \_\_\_\_\_ to attend Life Education Monday 19 October to Friday 30 October 2020. I understand that this session will cost \$10 and will be held at school.

Payment options:

- ☐ Online payment via the school website '\$ Make a payment' icon. Receipt No: \_\_\_\_\_
- ☐ \$10 cash paid to the office in a clearly marked envelope to the office
- ☐ EFTPOS at the school office
- ☐ Include on my child's term invoice

Parent/Caregiver signature: \_\_\_\_\_

Date: \_\_\_\_\_

